



## Mr. John Mark Thrash

June 22, 1971 - June 15, 2016

John Mark Thrash, 44, devoted husband, father and son, passed away in the comfort of his family home in Argyle, TX on June 15, 2016 after a courageous battle against cancer. Mark was born on Ft. Wolters Army Base in Mineral Wells, TX on June 22, 1971 to John and Eileen Thrash.

Mark adored his wife and family like no other. He spent his years, coaching little league sports in the early years, leading his boys in Boy Scouts, treating his girls to Daddy Daughter Date Nights and Dances, encouraging each of the kids' musical talents and shaping them all into the strong, loving and Christ-centered individuals they are today. Whether camping, vacationing, playing games around the dinner table, spending date nights or weekend trips with his wife or just having a laid-back movie night, Mark loved spending time with his family.

A competitive gymnast from early childhood and through his high school years, Mark was a proud alumnus of L.D. Bell High School and Texas Tech University. A Red Raider through and through, Mark served as Chapter President of Theta Chi Fraternity and gained his degree in Hotel Restaurant Management. Following a short time as manager of Houstons Restaurants, Mark answered his call to Youth Ministry where, through his gift of music, he began connecting with students by way of his guitar and vocal talents. Mark's students were drawn to his magnetic, humorous and often edgy personality, which enabled him to garner their trust and lead them to a relationship with Christ. Throughout his years in ministry, Mark was a Radio DJ, avid writer and motivational speaker for Purpose Driven Youth Ministry. Following his ministry, Mark continued to cherish his ongoing relationships with former students, mentoring and marrying them into their adult years. Beyond his ministry years, Mark navigated a successful career in the medical industry, first as a Senior Client Manager at Phytel, Inc. Fueled by his self-directed drive for excellence, Mark became Director of Operations for Medical Edge Healthcare, Regional Director at Texas Health Resources, Chief Operations Officer at Health Net, Relationship Development Manager at Physicians Choice Laboratory Services and finally, Founder and CEO of his own Texas Health Elite. Outside his professional career, Mark was a Master Mason, brown belt in Isshinryu Karate and served as former School Board Member of Crowley ISD. Although Mark realized many successes throughout his years

and in his career, he never lost sight of what remained most important to him - his God and his Family. To say Mark was a high-energy individual would be an understatement and he directed this energy towards loving his family and all with whom he crossed paths. Unaware of his impact on others, Mark effortlessly poured himself into the lives of those around him, inspiring others along his way. Regardless of whether he met someone once or knew them for a lifetime, Mark never missed a birthday and never knew a stranger. He was a light of laughter and love, dealer of hope to the world and never missed an opportunity to share his faith with ease and grace.

Mark was a rare gem, an extraordinary man among us. His impact on our lives will not be forgotten and will live forever in the hearts of his beloved wife of 20 years, Tracy, children Ashley and husband Justin, Mason, Marshall, Micah and MacKenzie, his parents, John and Eileen Thrash, sister Becky and husband Dan, mother-in-law Carole, sister-in-law Carmen, nieces Madeline, Jordan and Emily, nephew Jordan, loving aunts, uncles, cousins and countless extended family and friends. A celebration of life will take place Tuesday, June 28, 2016, 2:00 PM, at Cross Timbers Community Church, 1119 South US Hwy 377, Argyle, TX 76226. Pastor Jason Sowell will officiate. In lieu of flowers, the family requests donations be made to Current Initiatives, The Laundry Project at [www.laundrybycurrent.org/give/](http://www.laundrybycurrent.org/give/)

Arrangements under the direction of Denton Funeral Home. Online Condolences may be left for the Family at: [www.dentonfuneralhome.net](http://www.dentonfuneralhome.net)

# Comments

---



“ Dear Jack and Eileen,

We were so sad to learn of your loss of Mark. We remember his enthusiasm for life and on the soccer field (go Cheetahs!). Those were such fun years for us. Kerry and Craig join us sending our love and prayers for all of you. May God's mercy and peace follow you until you see him again.

Much love,

Bob and Fran Martin

**Fran Martin** - July 01, 2016 at 11:30 AM

---



“ Mark was a kind and passionate person. Those around him were challenged to love more. Well done good and faithful servant. I

**Rod Bishop** - June 28, 2016 at 07:47 PM

---



“ Mark was a kind man he will be missed by all I am so sorry for your loss my Prayers are with your family

**cheryl** - June 24, 2016 at 06:57 AM

---



“ I went to Bell with Mark. I'm so shocked to learn of his passing. I pray for his family and all that knew and loved him.  
Sleep sweetly, Mark  
Lisa Gillum Wells  
L.D. Bell class of 1990.

**Lisa Wells** - June 23, 2016 at 07:22 PM

---



“ I am sending my prayers to you all. I knew Mark back in High School. He always appreciated a challenge. His challenge was to teach a deaf girl how to speak spanish and I was to teach him sign language. We were not very successful in that endeavor. However, I thank him for all the awesome memories we had back in the good old days.

sincerely,

Colleen Brogan-Haan

Colleen Brogan-Haan - June 23, 2016 at 06:59 PM

---



“ Dear Thrash Family,  
I offer my deepest condolences. Mark was a remarkable leader. I first met him at Tiena Health. He always made us all laugh and made work enjoyable. I learned a lot from Mark, and I will never forget him or his good works. Your family is in my prayers.

Stephanie Phillips Malena

Stephanie Phillips Malena - June 23, 2016 at 09:27 AM

---



“ Dear Thrash Family,  
I offer my deepest condolences. Mark was a remarkable leader. I first met him at Tiena Health. He always made us all laugh and made work enjoyable. I learned a lot from Mark, and I will never forget him or his good works. Your family is in my prayers.

Stephanie Phillips Malena

Stephanie Phillips Malena - June 23, 2016 at 09:25 AM

---



“ Mark remains in our hearts and our encounters with Mark have shaped each of us into who we are. Mark lived in and shared the light of Christ. Well done good and faithful servant. We love you Mark!!

Boyd Goodloe - June 23, 2016 at 07:07 AM

---



“ I met Mark Thrash and his family with the Cub Scout troop my son was associated with. I remember Mark leading us in prayer over different meals and Chapel on Sundays at campouts. I know that Mark is with our HEAVENLY Father and at PEACE at this time. Our prayers are with his family. The Blossom family

Mel Blossom Jr. - June 22, 2016 at 07:53 PM

---



“ I met Mark when he worked for Phytel. He worked with our clinic in the Twin Cities to implement a recall system. He was such a great person to work with not only knowledgeable and skilled, but more importantly a reputable man strong in his faith, love for his family and people. I was blessed to have the opportunity to meet Mark. My sympathy to the family.  
Sincerely,  
Irene

**Irene Berg** - June 22, 2016 at 07:53 PM

---



“ There are no words that can honor a man that did as much for my children as Mark Thrash did. I will always be grateful to he and Tracy for their unselfish time and devotion to them when they were young as well as after they became adults. Heaven gained a great soul. We can only thank God for sharing him the short time here. My heart and prayers go to the entire family.

Nancy Thompson

**Nancy Thompson** - June 22, 2016 at 05:34 PM

---



“ Papa Thrash goofing off at my Tiena Health going-away party. No matter where he went, he was always the most fun person there.



**Farrel Amis** - June 21, 2016 at 04:23 PM

---



“ Two memories I want to share.  
Mark and Tracy helped my family out when I was going through the chemo. Mark loved riding his motorcycle. I told him when I was done with my chemo and radiation, I would love for him to take me on a ride.  
The second memory was this past Daddy Daughter Dance. It was right after he found out he had a tumor on his liver and also the same day as his daughter Ashley's wedding. Even though he was in so much pain, he still took Mackenzie to the dance with Michael and Madison. They didn't stay long because they were hungry and Michael knew he was hurting. I didn't get pictures of the guys, but the girls were pretty.



**Amy Cruson** - June 21, 2016 at 03:12 PM



“ I became friends with Mark & Tracy on Facebook. I celebrated their family events with them and then prayed daily for them during Mark's fight with cancer. Being a Christian drew me closer to them & I felt I knew them, even though I live in Midland, and we never met. I believe Tracy & the children will be blessed every day of their lives until they can be reunited with Mark. My heart and prayers go out to you all.

Lynda Lawrence

**Lynda Lawrence** - June 22, 2016 at 10:05 AM



“ The phrase "to know him is to love him" is perhaps the best way to explain who Mark was to anyone who did not have the privilege of meeting him. His infectious smile and genuine interest in people made him a great friend whether you talked with him daily or infrequently. He was clearly smitten by his wife Tracy, and would beam when speaking about her as if describing an encounter with an angel - but if you've met Tracy, you understand this - a truly wonderful couple. I've had opportunity to see him around his kids only once, but I could tell as a father myself how he adored them and how they love him. Mark presented a great example of a Christian man in this world - willing to admit his flaws, and always seeking to better himself. He will be missed by all who had the joy of knowing him. If there is any solace to be gained from his untimely passing, it rests in imaging him meeting Jesus, and knowing how happy that will make him. May God bless Tracy and Mark's children, and hold us all in His care as we attempt to adjust to this loss. God bless Mark Thrash. What a true gentleman.

**Kevin Myers** - June 25, 2016 at 09:12 AM

---

“ 2 files added to the tribute wall



**Bill Francis** - June 21, 2016 at 01:39 PM

---



“ 1 file added to the tribute wall



**Becky Jones** - June 21, 2016 at 11:30 AM



“ Rest in peace in the unending love of the lord  
We will see u again !!!!  
R Znaidi

**robin znaidi** - June 21, 2016 at 03:57 PM